

Bailey Dance News



Dance Party Schedule:

Please note the party time and date changes below...

September 24th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

September 25th Swing and Country Party We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email chris@baileydance.com. Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

October 1st Ballroom Dance Party We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub2 and more. Dance from 7:00 to 10:00. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire.

October 2nd DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the

We Have Dance Shoes!!!! We are set up as a distributor for Dance Shoes. The same shoes that we buy and wear are now available at Bailey Dance. Please see Chris or Emily to try on a pair.

Check out New Dance videos on our website www.baileydance.com

Class Schedule for September

Ladies... we had extra men again last week in a some of our classes.

Waltz Basics from 5:00 to 5:30 The name of the waltz is taken from the Italian 'volver' - to turn, or revolve. It was an outgrowth of the landler, a country dance in three-quarter time, and replaced the heavy hopping and jumping movements with more polished and graceful gliding. It has not always been the prestigious dance it is today. It was rural people who first found these whirling steps so appealing. And so, the waltz originally was decidedly low-brow and provincial. In those days, there was something unsavory about a woman being gripped in a man's embrace while whirling around the dance floor. Join Chris Bailey to learn some wonderful beginner social Waltz done with rise and fall. \$5 per person and you don't need a partner.

New York Style Salsa Class from 7:00 to 8:00 and party from 8:00 to 10:00 on the 1st and 3rd Sundays. Musically, the old Mambo (Mambo Tipico) is fused with New York Jazz and Swing

Other News and Information

Bailey Dance Studio is located in Riverchase Plaza in Hoover Alabama just south of the Galleria on Hwy 31. The Studio is located in a safe convenient area with a wonderful parking lot. Bailey Dance has 4,100 square feet of new wood dance floor, 70 feet of mirrors and seating for all. Join us for Parties, Group Classes or Private lessons. Available for private parties. Call or email Chris for more information.

What's New?

Second Foot Shoe Box - See Chris if you are in need of dance shoes or you want to sell some that you don't use anymore. We have a consignment box of shoes that people are using to buy and sell shoes.

Dancers Tip of the Week

Make sure you practice at least 3 times a week. If your going to excel in anything you will need some repetition. Practicing even if its a short practice will keep movements fresh in the mind. If you don't have enough space at you home then call Chris for practice times available at the studio. \$10 an hour for you and your partner.

Dance Etiquette and Floorcraft

(1) Do not otherwise block the flow of the dance: Progressive

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October 8th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSa, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

October 9th Swing and Country Party We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email chris@baileydance.com. Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

October 15th Ballroom Dance Party We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub2 and more. Dance from 7:00 to 9:30. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire. At 9:30pm the music will change over to Latin Music.

October 15th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your

to create a new salsa genre but retaining much of its original percussions. The addition of new musical instruments such as xylophones, jazz saxophones, and steel drums added new melody to the evolving genre. Come learn with New York style Salsa instructor Aaron Moreno and Salsa DJ Carlos every Sunday. \$10 per person and light snacks and ice water provided. Casual Attire.

Monday Classes:

Waltz Class 6:30 to 7:30 The name of the waltz is taken from the Italian 'volver' - to turn, or revolve. It was an outgrowth of the landler, a country dance in three-quarter time, and replaced the heavy hopping and jumping movements with more polished and graceful gliding. It has not always been the prestigious dance it is today. It was rural people who first found these whirling steps so appealing. And so, the waltz originally was decidedly low-brow and provincial. In those days, there was something unsavory about a woman being gripped in a man's embrace while whirling around the dance floor. Join Chris Bailey to learn some wonderful social Waltz done with rise and fall (rise and fall is an essential part of waltz). This is a Novice/Intermediate Waltz class. \$10 per person.

Lindy Hop Swing 7:00 to 10:00 Are you ready to jump, jive, and wail? With its roots in Harlem, New York from the 1920's Lindy Hop Swing is an authentic Afro-Euro-American Swing Dance. Join Jered Faires and Laura Nicholson Monday nights to learn fancy footwork and dance to upbeat jazz, swing and big band music. Beginner lesson from 7:00 to 7:30 for \$5 and feature lesson from 7:30 to 8:30 \$10 per person and includes open dance party from 8:30 to 10:00.

Tuesday Classes:

Mambo 6:30 to 8:30 Mambo is a Latin dance of Cuban origin that corresponds to mambo music.

dances always move counter-clockwise around the outer portion of the dance floor. If you want to be on the dance floor during a progressive dance (waltz, two step or foxtrot), then either move with the flow or move to the middle of the floor. Going to the edge or the corner of the dance floor to "get out of the way" puts you exactly where the other dancers are trying to go. (Bear in mind that just because you are doing a dance which is not progressive, doesn't mean that nobody else is doing a progressive dance - make sure you leave room for some couples to do foxtrots while you're doing swings.) Finally, clear off the dance floor when you're not dancing - don't stand around chatting with your partner if you happen not to like the next dance.

(2) Use caution while dancing, especially with dances like the Swing, and be aware of other people around you. Everyone is moving and turning quickly, and injuries happen all too often.

(3) Be especially careful when carrying refreshments across the dance floor, so as not to spill or drop anything. If necessary, clean up whatever falls before somebody gets hurt.

(4) Ladies, if you see an oncoming couple about to collide into you and your partner, simply tap your partner gently on the shoulder. This is known as the international dance panic signal. Remain calm! Do not grab on for life. If you do, you will probably end up startling your partner and colliding into the oncoming dance team.

(5) Do not hurt your partner! This is of particular importance to leaders in general, but followers occasionally hurt their partner by gripping his hand too hard or the wrong way (make

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October 16th Magic City Westies Swing'N Social Mask-erade with DJ Jonathan Baumeister Masks for men and ladies will be provided or you can wear your own unique mask. A night full of good food, good West Coast Swing music and great Social dancing from 7:00pm to 11:00pm. Call 225-936-6209 if you have any questions. \$5 for members and \$10 for non-members.

October 22nd DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSa, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

October 23rd Swing and Country Party We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email chris@baileydance.com. Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

October 30th DJ Ivan Correa's Latin

Mambo music was invented in 1930s Havana by Cachao and his contemporaries and made popular around the world by Perez Prado and Beny Moré. Mambo music developed from Danzón and was heavily influenced by the Jazz musicians that the Italian-American gangsters, who controlled Havana's casinos, brought to entertain their American customers. Come join Curt and Wendy every Tuesday in September for Mambo. 6:30-7:30 Beginner and 7:30-8:30 Intermediate. \$5 per person and you don't need a partner.

Wednesday Classes:

West Coast Swing from 6:30 to 8:30 WCS is considered by many swing dancer to be the cooler more sophisticated type of swing dance. Unlike other types of swing, WCS moves in a narrow linear pattern called a slot. It can be danced to many types of music such as jazz, blues and modern day pop music. It is a very smooth sensual dance showcasing the lady. Join Chris and Emily Bailey to learn the latest WCS patterns and connections. Beginner class from 6:30 to 7:30 cost \$10 per person. Novice class from 6:30 to 7:30 cost \$10 per person. Intermediate class from 7:30 to 8:30 cost \$10 per person.

NightClub Two Step from 8:30 to 9:30 NC2 is a beautiful romantic slow dance. It is one of the most popular forms of contemporary social dance in the United States that is typically danced to mid-tempo ballads. Join Chris and Emily Bailey on Wednesday evenings and learn more than just patterns to this popular slow dance. Beginner Novice class, \$10 per person.

Thursday Classes:

Dancer Drills 101 Class from 6:30 to 7:30 Learn the drills that will improve **ALL** dancers balance and turning skills. We will go over the drill that make World Champion competitors but more importantly

sure to have a loose grip while spinning).

(6) Try to make yourself comfortable to be near: make sure that you have recently showered and brushed your teeth (or at least freshened your breath since your last meal/smoke). People with long hair should make sure it is somehow held in place so it doesn't hit their partners when they spin. Make sure there are no bulky items such as keys or wallets in your front right pocket (you will probably look and feel better if all your pockets are empty while you dance). Don't wear sharp rings or any long, dangling jewelry. (Note it is common in some areas for people to bring towels and multiple shirts to dances so as to avoid getting overly sweaty.)

(7) Make sure to use good **floorcraft** when dancing. Always be careful not to crash into or corner other couples on the dance floor. (It is, of necessity, the primary responsibility of the better dancers to avoid the less experienced dancers on the floor.)

Please forward to your dance friends. If you're not on our email list go to the home page of www.baileydance.com to add yourself, or email chris@baileydance.com and request to be added.

Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSa, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

Weekend of November 5th Come join us at the Homewood Dance Marathon.

November 6th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSa, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

November 12th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSa, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

November 13th Swing and Country Party We will dance primarily **WCS** and **ECS** swing and mix of country dances that fill up the

confident balanced social dancers. We will mainly focus on turning skills and character dance drills. This will be a work out as well as informative. Join Chris Bailey every Thursday for his Dance Drill 101 class.

Two Step 6:30 to 8:30 The country/western two-step, often simply called the "two-step," is a country western dance usually danced to country music in 4/4 time. It is a progressive dance that proceeds counterclockwise around the floor in the form of Whips, Weaves and Runs. This dance will help you improve your balance and turning skills even if you're not a fan of Country Western music. Join UCWDC competitors Charlotte and Rusty Kesler for a Beginner class from 6:30 to 7:30 \$5 per person and/or Join World Champion Two Stepper Chris Bailey for this Novice/Int class from 7:30 to 8:30, \$10 per person.

Line Dance Class from 7:30 to 8:30 - Line dancing is group dancing with choreographed dance steps seen mainly in country western clubs or bars but is now done in most Ballroom setting. Everyone knows that line dance is a fun way to exercise your body and mind, and has many therapeutic benefits! and it improves your dancing. Don't miss out on this opportunity to learn some old and new line dances and pattern dances taught by Charlotte Kesler, \$5.00 per person. These line and partner pattern dances and more will be played at the Swing and Country parties on the 2nd and 4th Saturdays of the month.

Tuesdays and Thursdays

Yoga for the Early Birds 6:00 a.m. to 7:30 a.m. Only \$10 per person (monthly class packages available at discounted prices). Why Yoga? Practicing the postures, breathing exercises and meditation makes you healthier in body, mind and spirit. Yoga lets you tune in, chill out & shape up all at the same time.

floor including Line and Round Dances. If you have a line dance request email chris@baileydance.com. Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

November 19th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

November 20th Bailey Dance 1 Year Anniversary
Dance Alabama Auburn Country and Swing Dance with Dip Contest (the edible dip)... more info TBA.

November 25th Closed for Thanksgiving

November 26th DJ Ivan Correa's Latin Dance We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Merengue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 chris@baileydance.com or Ivan at 205-807-3062 ivancorrea@hotmail.com

November 27th Closed for Private Party... Book your next party at Bailey Dance via Chris asan

December 3rd Ballroom Party moved to the 4th

December 4th Ballroom Dance Party with the Tradewinds Band. We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub2 and more. Dance from 8:00 to 11:00. Refreshments, light snacks and ice water will be provided. \$10 per person and please wear business casual attire.

December 9th Christmas-n-Dixie Kickoff Party Come join country and swing instructors from all over the world for a night of great social dancing. The best swing and country dancers from all over the world will be in town competing and performing Friday the 10th through Sunday the 12th... Don't miss this event! \$10 per person with a free Two Step Class from 7:00 to 7:30 and social dancing til 11:00.

December 11th Swing and Country Party Canceled... Come support Birmingham's largest dance competition (County, Ballroom and Swing) with lots of social dancing, group classes, exhibitions, and more (<http://www.christmasindixie.com/> for more information). Talk to Chris or Emily if you are interested in competing in the competition.

December 17th Ballroom Dance Party We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub2 and more. Dance from 8:00 to 11:00. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire.

December 18th Closed for Private Party... Book your next party at Bailey Dance via Chris asap.

December 25th Closed for Christmas!!!

December 31st New Year's Eve Dance and Pajama Party... more info TBA. The most fun you will have will be after midnight. FUN Games mixed with dancing.

Specials:

Introductory to Dance

Special Seven Lessons for \$45 Includes 2 private lessons, 4 group lessons, and a Bailey Dance Party. This is for new students only and all lessons based on 30 minute lessons. Email or call Chris for more information at chris@baileydance.com or 205-281-8523.

Wedding Dance Special 4

Private Lessons for \$75. Includes Choreography designed for your "First Dance" to the song of your choice. Start your life journey together with a dance you can do for the rest of your lives. Email or call Chris for more information at chris@baileydance.com or 205-281-8523.

Gift Certificates are

available. Email or call Chris for more information at chris@baileydance.com or 205-281-8523.