

# Bailey Dance News



## Dance Party Schedule:

### Friday October 1st Ballroom Dance Party with Curt and Wendy's Tango Team Exhibition at 8:30.

We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub, some line and more. We will do a Foxtrot mixer and at least one partner pattern dances Dance from 7:00 to 10:00. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire.

### Saturday October 2nd DJ Ivan Correa's Latin Dance

We will provide water, soft drinks and snacks! You can also bring your own at your convenience. We had some amazing dancers last week on short notice and we are expecting many more this week. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**October 8th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call

## We Have Dance

**Shoes!!!!** We are set up as a distributor for Dance Shoes. The same shoes that we buy and wear are now available at Bailey Dance. Please see Chris or Emily to try on a pair.

Check out New Dance videos on our website

[www.baileydance.com](http://www.baileydance.com)

## Class Schedule for September

**Ladies... we had extra men again last week in a some of our classes.**

### Sunday Class:

**Single Swing (also called single-time swing ) from 5:00 to 5:30** is a fast dance rhythm in the larger swing family of dances. East Coast Swing is danced to popular rock-and-roll or jitterbug music that has 4 beats per measure. Most figures are written to span a measure and a half of music with a rock, recover, and two triples at the slower tempos: eight steps over six beats of music. When the tempo gets faster, it becomes more difficult to fit those triples in, and "single swing" is more comfortable. Each 6-count figure becomes rock, recover, step, step, or quick, quick, slow, slow: four steps over the six beats of music. Swing bounces a little on soft knees and dances mostly in place on the dance floor. Join Chris Bailey to learn some wonderful beginner Swing. \$5 per person and you don't need a partner.

Sunday Salsa class cancelled due

## Other News and Information

**Bailey Dance Studio** is located in Riverchase Plaza in Hoover Alabama just south of the Galleria on Hwy 31. The Studio is located in a safe convenient area with a wonderful parking lot. Bailey Dance has 4,100 square feet of new wood dance floor, 70 feet of mirrors and seating for all. Join us for Parties, Group Classes or Private lessons. Available for private parties. Call or email Chris for more information.

## What's New?

**Second Foot Shoe Box** - See Chris if you are in need of dance shoes or you want to sell some that you don't use anymore. We have a consignment box of shoes that people are using to buy and sell shoes.

## Dancers Tip of the Week

Make sure you practice at least 3 times a week. If your going to excel in anything you will need some repetition. Practicing even if its a short practice will keep movements fresh in the mind. If you don't have enough space at you home then call Chris for practice times available at the studio. \$10 an hour for you and your partner.

## Dance Etiquette and Floorcraft

(1) Do not otherwise block the flow of the dance: Progressive

or email Chris at 205-281-8523  
[chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-  
807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**October 9th Swing and Country Party** We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email [chris@baileydance.com](mailto:chris@baileydance.com). Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

**October 15th Ballroom Dance Party** We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub and more. Dance from 7:00 to 9:30. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire. At 9:30pm the music will change over to Latin Music.

**October 15th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**October 16th Magic City Westies Swing'N Social Mask-erade with DJ Jonathan Baumeister** Masks for men and ladies will be provided or you can wear your own unique mask. A night full of good food, good West Coast Swing music and great Social dancing from 7:00pm to 11:00pm. Call 225-936-6209 if you have any questions. \$5 for members and \$10 for non-members.

**October 22nd DJ Ivan Correa's Latin Dance** We will provide water, soft drinks

to Instructor Health Condition. Look for more Salsa Classes added soon.

## Monday Classes:

**Waltz Class 6:30 to 7:30** The name of the waltz is taken from the Italian 'volver' - to turn, or revolve. It was an outgrowth of the landler, a country dance in three-quarter time, and replaced the heavy hopping and jumping movements with more polished and graceful gliding. It has not always been the prestigious dance it is today. It was rural people who first found these whirling steps so appealing. And so, the waltz originally was decidedly low-brow and provincial. In those days, there was something unsavory about a woman being gripped in a man's embrace while whirling around the dance floor. Join Chris Bailey to learn some wonderful social Waltz done with rise and fall (rise and fall is an essential part of waltz). This is a Novice/Intermediate Waltz class. \$10 per person.

**Lindy Hop Swing 7:00 to 10:00** Are you ready to jump, jive, and wail? With its roots in Harlem, New York from the 1920's Lindy Hop Swing is an authentic Afro-Euro-American Swing Dance. Join Jered Faires and Laura Nicholson Monday nights to learn fancy footwork and dance to upbeat jazz, swing and big band music. Beginner lesson from 7:00 to 7:30 for \$5 and feature lesson from 7:30 to 8:30 \$10 per person and includes open dance party from 8:30 to 10:00.

## Tuesday Classes:

**Foxtrot from 6:30 to 8:30** It is often said that Foxtrot took its name from its inventor, the vaudeville actor Harry Fox; however the exact origins are unclear. The dance was premiered in 1914, quickly catching the eye of the talented husband and wife duo Vernon and Irene Castle, who lent the dance its signature

dances always move counter-clockwise around the outer portion of the dance floor. If you want to be on the dance floor during a progressive dance (waltz, two step or foxtrot), then either move with the flow or move to the middle of the floor. Going to the edge or the corner of the dance floor to "get out of the way" puts you exactly where the other dancers are trying to go. (Bear in mind that just because you are doing a dance which is not progressive, doesn't mean that nobody else is doing a progressive dance - make sure you leave room for some couples to do foxtrots while you're doing swings.) Finally, clear off the dance floor when you're not dancing - don't stand around chatting with your partner if you happen not to like the next dance.

(2) Use caution while dancing, especially with dances like the Swing, and be aware of other people around you. Everyone is moving and turning quickly, and injuries happen all too often.

(3) Be especially careful when carrying refreshments across the dance floor, so as not to spill or drop anything. If necessary, clean up whatever falls before somebody gets hurt.

(4) Ladies, if you see an oncoming couple about to collide into you and your partner, simply tap your partner gently on the shoulder. This is known as the international dance panic signal. Remain calm! Do not grab on for life. If you do, you will probably end up startling your partner and colliding into the oncoming dance team.

(5) Do not hurt your partner! This is of particular importance to leaders in general, but followers occasionally hurt their partner by gripping his hand too hard or the wrong way (make

and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**October 23rd Swing and Country Party** We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email [chris@baileydance.com](mailto:chris@baileydance.com). Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

**October 30th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**Weekend of November 5th** Come join us at the Homewood Dance Marathon.

**November 6th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play

grace and style. Over time, the Foxtrot split into slow (Foxtrot) and quick (Quickstep) versions. In the slow category, further distinctions exist between the International or English style of the Foxtrot and the continuity American style, both built around a slow-quick-quick rhythm at the slowest tempo, and the social American style using a slow-slow-quick-quick rhythm at a somewhat faster pace. Come join Curt and Wendy every Tuesday in September for Foxtrot. 6:30-7:30 Beginner and 7:30-8:30 Intermediate. \$5 per person and you don't need a partner.

## Wednesday Classes:

**West Coast Swing from 6:30 to 8:30** WCS is considered by many swing dancer to be the cooler more sophisticated type of swing dance. Unlike other types of swing, WCS moves in a narrow linear pattern called a slot. It can be danced to many types of music such as jazz, blues and modern day pop music. It is a very smooth sensual dance showcasing the lady. Join Chris and Emily Bailey to learn the latest WCS patterns and connections. Beginner class from 6:30 to 7:30 cost \$10 per person. Novice class from 6:30 to 7:30 cost \$10 per person. Intermediate class from 7:30 to 8:30 cost \$10 per person.

**Hustle from 8:30 to 9:30** The Hustle is a catchall name for several disco dances which were extremely popular in the 1970s. The couple dance form of hustle is usually called New York Hustle or Latin Hustle. It has some resemblance to, and steps in common with, swing and salsa dancing. As in the Latin dances, couples tend to move within a "spot" on the dance floor, as opposed to following a line of dance as in foxtrot, or as opposed to tracking within a slot as in West Coast Swing or LA Hustle. Join Chris and Emily Bailey and learn the NY Hustle \$10 per person.

## Thursday Classes:

sure to have a loose grip while spinning).

(6) Try to make yourself comfortable to be near: make sure that you have recently showered and brushed your teeth (or at least freshened your breath since your last meal/smoke). People with long hair should make sure it is somehow held in place so it doesn't hit their partners when they spin. Make sure there are no bulky items such as keys or wallets in your front right pocket (you will probably look and feel better if all your pockets are empty while you dance). Don't wear sharp rings or any long, dangling jewelry. (Note it is common in some areas for people to bring towels and multiple shirts to dances so as to avoid getting overly sweaty.)

(7) Make sure to use good floorcraft when dancing. Always be careful not to crash into or corner other couples on the dance floor. (It is, of necessity, the primary responsibility of the better dancers to avoid the less experienced dancers on the floor.)

**Please forward to your dance friends. If you're not on our email list go to the home page of [www.baileydance.com](http://www.baileydance.com) to add yourself, or email [chris@baileydance.com](mailto:chris@baileydance.com) and request to be added.**

SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**November 12th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**November 13th Swing and Country Party** We will dance primarily WCS and ECS swing and mix of country dances that fill up the floor including Line and Round Dances. If you have a line dance request email [chris@baileydance.com](mailto:chris@baileydance.com). Free dance lessons from 7:00 to 8:00. Dance from 8:00 to 11:00. We will take request. Refreshments, light snacks and ice water will be provided. We have a Pepsi machine with Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, Dr Pepper and Diet Dr Pepper for 65¢

**November 19th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-

**Cha Cha 6:30 to 7:30** Cha Cha derives from the famous Mambo dance and was originally known as the "Triple Mambo". It originated in the 1950's in Latin America, but within a matter of years had spread to Britain, Europe and North America quickly developing its own fast and flirty dance style. Join Chris Bailey Thursday nights to spice up your Cha Cha. This is a Novice class \$10 per person.

**Two Step 6:30 to 8:30** The country/western two-step, often simply called the "two-step," is a country western dance usually danced to country music in 4/4 time. It is a progressive dance that proceeds counterclockwise around the floor in the form of Whips, Weaves and Runs. This dance will help you improve your balance and turning skills even if your not a fan of Country Western music. Join UCWDC competitors Charlotte and Rusty Kesler for a Beginner class from 6:30 to 7:30 \$5 per person and/or Join World Champion Two Stepper Chris Bailey for this Novice/Int class from 7:30 to 8:30, \$10 per person.

**Line and Partner Pattern Dance Class from 7:30 to 8:30** - Line dancing is group dancing with choreographed dance steps seen mainly in country western clubs or bars but is now done in most Ballroom setting. Everyone knows that line dance is a fun way to exercise your body and mind, and has many therapeutical benefits! and it improves your dancing. Don't miss out on this opportunity to learn some old and new line dances and pattern dances taught by Charlotte Kesler, \$5.00 per person. These line and partner pattern dances and more will be played at the Swing and Country parties on the 2nd and 4th Saturdays of the month.

**Tuesdays and Thursdays**

**Yoga for the Early Birds 6:00 a.m. to 7:30 a.m.** Only \$10 per

807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

## **November 20th Bailey Dance 1 Year Anniversary**

**Dance Alabama Auburn Country and Swing Dance with Dip Contest (the edible dip)...** more info TBA.

## **November 25th Closed for Thanksgiving**

**November 26th DJ Ivan Correa's Latin Dance** We will provide water, soft drinks and snacks! You can also bring your own at your convenience. This is the Beginning of a new wave of "Healthy Events" to enjoy great music, dancing, friendship and "Cultural Exchange". As always... DJ Ivan Correa will play SALSA, Meringue, Oldies, Bachata, Vallenato, Hip-Hop, Reggeation and more. Starts at 9:30pm and cover is \$5 per person. 16 years old or younger require the company of Parent or Guardian. For more information call or email Chris at 205-281-8523 [chris@baileydance.com](mailto:chris@baileydance.com) or Ivan at 205-807-3062 [ivancorrea@hotmail.com](mailto:ivancorrea@hotmail.com)

**November 27th** Closed for Private Party... Book your next party at Bailey Dance via Chris asap.

## **December 3rd Ballroom Party moved to the 4th**

**December 4th Ballroom Dance Party with the Tradewinds Band.** We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub and more. Dance from 8:00 to 11:00. Refreshments, light snacks and ice water will be provided. \$10 per person and please wear business casual attire.

**December 9th Christmas-n-Dixie Kickoff Party** Come join country and swing instructors from all over the world for a night of great social dancing. The best swing and country dancers from all over the world will be in town competing and performing Friday the 10th through Sunday the 12th... Don't miss this event! \$10 per person with a free Two Step Class from 7:00 to 7:30 and social dancing until 11:00.

**December 11th Swing and Country Party Canceled** Come support

person (monthly class packages available at discounted prices). Why Yoga? Practicing the postures, breathing exercises and meditation makes you healthier in body, mind and spirit. Yoga lets you tune in, chill out & shape up all at the same time.

Birmingham's largest dance competition (County, Ballroom and Swing) with lots of social dancing, group classes, exhibitions, and more (<http://www.christmasindixie.com/> for more information). Talk to Chris or Emily if you are interested in competing in the competition.

**December 17th Ballroom Dance Party** We will dance Waltz, Foxtrot, Cha Cha, WCS, ECS, Tango, Rumba, Nightclub and more. Dance from 8:00 to 11:00. Refreshments, light snacks and ice water will be provided. \$5 per person and please wear business casual attire.

**December 18th Closed for Private Party...** Book your next party at Bailey Dance via Chris asap.

**December 25th** Closed for Christmas!!!

**December 31st New Year's Eve Dance and Pajama Party...** more info TBA. The most fun you will have will be after midnight. FUN Games mixed with dancing.

## Specials:

### Introductory to Dance

**Special** Seven Lessons for \$45 Includes 2 private lessons, 4 group lessons, and a Bailey Dance Party. This is for new students only and all lessons based on 30 minute lessons. Email or call Chris for more information at [chris@baileydance.com](mailto:chris@baileydance.com) or 205-281-8523.

### Wedding Dance Special 4

Private Lessons for \$75. Includes Choreography designed for your "First Dance" to the song of your choice. Start your life journey together with a dance you can do for the rest of your lives. Email or call Chris for more information at [chris@baileydance.com](mailto:chris@baileydance.com) or 205-281-8523.

### Gift Certificates

are available. Email or call Chris for more information at [chris@baileydance.com](mailto:chris@baileydance.com) or 205-281-8523

